Implementing ARCP Outcomes 10.1 and 10.2
during COVID-19

Background
Disruption to training as a result of the COVID-19 pandemic has meant that, through circumstances beyond their control, there have been difficulties for some trainees in acquiring the competencies/capabilities required to progress in, or complete, their training programme.

Where possible, the usual ARCP Outcomes should be used in 2020.

However, where the acquisition of competencies/capabilities have been delayed due to COVID-19 and there are no serious concerns about the trainee, one of the two new ARCP outcomes, Outcome 10.1 or Outcome 10.2, should be used¹. These have been introduced as no fault outcomes.

The aim of introducing these new ARCP outcomes has been to enable trainees to progress to the next stage of their training or complete their programme where possible.

The view of the Statutory Education Bodies is that it would not be possible to support trainee progression, and therefore an Outcome 10.2 should be awarded if the trainee is at critical progression points and if any of the following criteria apply:

1. Patient Safety – it would not be safe for patients that the trainee moves to the next stage of their training without a specific examination, placement or course due to the trainee’s additional responsibilities at that level

2. Trainee Health and Wellbeing – it would place an intolerable/unreasonable burden of assessments/examinations on the trainee if they were to progress to the next stage of their training which would put their mental/physical health at risk

3. Essential for Certification - trainee is unable to obtain CCT in the programme as a result of not having achieved essential examinations, mandatory courses or has not acquired defined capabilities

ARCP Outcome 10.1

Outcome 10.1 recognises that the trainee has been making progress in their training but there has been delay in the acquisition of competencies/capabilities due to COVID-19. An Outcome 10.1 may be awarded at different stages in a training programme or at the end of core training, as long as none of the above noted criteria apply and if this facilitates progression of training, As the trainee is not at a critical

¹ Length of time that outcome 10.1 and 10.2 will be used are to be finalised, but are likely to be required for several years
progression point where one of above criteria apply, it would be safe for the trainee to be facilitated to progress to the next stage in their training.

For trainees approaching the end of a core training programme, following the decision to award Outcome 10.1, the trainee and their TPD/Associate Postgraduate Dean should meet to discuss how best the individual learner can be facilitated to progress. The four Statutory Education Bodies have agreed the following options:

I. Progress to a higher training programme – if recruitment into higher training facilitates this

II. Leave the programme and acquire the missing capabilities outside of training

III. Stay in the core programme taking advantage of additional training time to acquire the missing capabilities, as already indicated in the published ARCP guidance developed for this year [ref, Managing Extensions COVID v 2]

The options available to trainees will vary across the UK according to each nation’s individual educational, training and programme capacity. For example, in England, this may include utilising the range of existing options to increase flexibility in training throughout programmes.

ARCP Outcome 10.2

Outcome 10.2 recognises that the trainee has been making progress in their training but there has been delay in the acquisition of competencies/capabilities due to COVID-19. As the trainee is at a critical progression point, it either would not be safe or not possible for the trainee to progress in, or complete, their training programme. Additional training time is therefore required. For trainees approaching certification, trainees may be able to act up as a consultant (AUC) and acquire their missing capabilities during their additional training time where this facility exists in the curriculum.